

in Season *this fall*

Fall Produce



Brussels Sprouts



Cherimoya



Grapes

- Artichokes
- Asparagus
- Avocados
- Basil
- Beans, green
- Blackberries
- Blueberries
- Brussels sprouts
- Cabbage
- Cantaloupe
- Celery
- Cherimoya
- Chiles
- Chives
- Cilantro
- Collards
- Corn
- Cucumber
- Dill
- Eggplant
- Fennel
- Figs
- Grapefruit
- Grapes
- Kiwi
- Lavender
- Limes
- Melons
- Mint
- Mustard greens
- Nectarines
- Onions, green bunching
- Papayas
- Peaches
- Peppers
- Persimmon
- Plums/Pluots
- Pomegranate
- Raspberries
- Squash, summer
- Strawberries
- Tangerines/Mandarins
- Tomatillo
- Tomatoes
- Turnips
- Watermelon
- Butternut Squash

Year-Round Produce



Almonds



Bok Choy



Potatoes

- Almonds, almond butter
(harvested Aug/Sept)
- Apples
- Arugula
- Beans, dried
- Beets
- Bok choy
- Broccoli
- Carrots
- Cauliflower
- Chard
- Dandelion
- Dates
(harvested Sept/Oct)
- Garlic
(harvested May/June)
- Herbs
(Bay leaf, oregano, parsley, rosemary, sage, thyme)
- Edible flowers
- Kale
- Leeks
- Lemons
- Lettuce
- Mushrooms
- Onions, bulb
(harvested May/June)
- Oranges
- Pistachios, pistachio oil
(harvested Sept/Oct)
- Potatoes
- Radish
- Raisins
(harvested Sept/Oct)
- Spinach
- Sprouts
- Squash, winter
(harvested Sept/Oct)
- Walnuts, walnut oil
(harvested Sept/Oct)
- Yams
(harvested Aug/Sept)

Fall Seafood

- Mussels
- Ridgeback shrimp
- Rock fish
- Sardines
- Spiny lobster
- Swordfish
- White sea bass
- Yellowtail

Spiny Lobster



Year-Round Seafood

- Abalone (farmed)
- Black cod
- Clams
- Oysters
- Rock crab
- Sand dabs
- Urchin

Other Year-Round

- Eggs
- Coffee
- Dairy
(Regional raw milk, artisanal goat- and cow-milk cheeses, butters, curds, yogurts and spreads)
- Fresh flowers
- Honey
- Olives, olive oil
- Meat
(Beef, chicken, duck, goat, rabbit, pork)
- Potted plants/herbs
- Preserves
- Wheat
(Wheat berries, wheat flour, bread, pasta, pies produced from wheat grown locally)

Honey



Pasta

